

**A Multidisciplinary Visual Artist & Creative Wellness Facilitator**  
**Chika Oh**

From a young age, Chika discovered that the arts were not only her passion but also the avenue through which she thrived and connected with the world. Painting, in particular, has been one of the many creative outlets that allow her to learn, express herself authentically, and communicate in ways words often cannot. Through this medium, she has been able to transform her creativity into a meaningful source of income while staying true to her voice and vision.

Chika Specializes in storytelling through painting, fabrics, sculpture and more. Her work reflects the past, present, and future narratives of herself and her community, with a focus on cultural identity and shared experiences. Using art and wellness, to empower individuals to explore their creative potential. Through her dynamic workshops and visually striking artwork, she invites audiences to connect deeply with their inner selves while celebrating the rich tapestry of culture and personal expression.