

## Multicultural Resources

### African Canadian Community Supports

District	Agency Information	Populations Served	Services Provided
ALL	Black Health Alliance Black Health Alliance 1 Valentine Drive, North York, ON M3A 3J5 info@blackhealthalliance.ca	Black Communities in Canada	Housing and Shelter, Food and Nutrition and Mental Health, Sexual Health, Men's Health and Community Safety Services Links to Agency Information: <a href="https://blackhealthalliance.ca/resources/knowledge-hub/">https://blackhealthalliance.ca/resources/knowledge-hub/</a> <a href="https://blackhealthalliance.ca/resources/community/">https://blackhealthalliance.ca/resources/community/</a>
ALL	Ujima House 1901 Weston Rd Unit 18 Toronto, Ontario M9N 3P5 Phone: (416) 916-2512 Email: <a href="mailto:info@youngpfathers.org">info@youngpfathers.org</a>	African Canadian Children and Fathers	2 core father-focused programs; Super Dad's Super Kids & Nobody's Perfect. Ujima House also provides Access Services for families seeking support in their gaining access to their loved ones who are involved with the Children Aid Society of Toronto (CAST)  Links to Agency Information: <a href="https://www.youngpfathers.org/">https://www.youngpfathers.org/</a> <a href="https://www.youngpfathers.org/2">https://www.youngpfathers.org/2</a>
ALL	Black Therapist Network	For people who are looking specifically for a Black therapist in their area	A growing directory of black therapists practicing in Canada of many different designations and expertise. Link to Therapists: <a href="https://www.blacktherapistlist.com/directory">https://www.blacktherapistlist.com/directory</a> <a href="https://www.blackgirlfeels.com/blog/2019/12/28/black-therapist-database">https://www.blackgirlfeels.com/blog/2019/12/28/black-therapist-database</a>

ALL	<p>Women's Health in Women's Hands  2 Carlton Street, Suite 500 Toronto, ON M5B 1J3  General Inquiries: 416-593-7655 E-mail: <a href="mailto:info@whiwh.com">info@whiwh.com</a>  Clinical Services: 416-593-7655, Ext. 7</p>	<p>Racialized women living in Toronto and surrounding municipalities</p>	<p>Primary Health Care, Mental Health, Clinical Services, Diabetic Information, HIV/AIDs, Food Access, Pre Post Natal and Community Education. Specialize in the health and wellness needs of racialized women and prioritizes those from African, Caribbean, Latin American and South Asian communities. Our services are fully accessible and designed to address the barriers that prevent women from being in excellent health.</p> <p>Links to Services:  <a href="https://www.whiwh.com/who-we-are">https://www.whiwh.com/who-we-are</a>  <a href="https://www.whiwh.com/clinical-services">https://www.whiwh.com/clinical-services</a>  <a href="https://www.whiwh.com/programs-services">https://www.whiwh.com/programs-services</a>  <a href="https://www.whiwh.com/community-services-programs">https://www.whiwh.com/community-services-programs</a> <a href="https://www.whiwh.com/mental-health-services">https://www.whiwh.com/mental-health-services</a></p>
ALL	<p>BLACK C.A.P – Black Coalition for Aids Prevention  20 Victoria St. 4th floor Toronto, Ontario M5C 2N8  Main: (416) 977 - 9955  Email: <a href="mailto:info@black-cap.com">info@black-cap.com</a> Web: <a href="http://www.blackcap.ca">www.blackcap.ca</a></p>	<p>Men, women, youth and LGBTQ communities to increase their knowledge and reduce their vulnerability to HIV, AIDS and sexually transmitted infections.</p>	<p>HIV Awareness, Mental Health, Self - Care, Harm Reduction, Crisis Support, Prevention Programs, Refugee Settlement, Peer Support, Employment Programs and community outreach program</p> <p>create culturally relevant outreach, prevention and support services for people infected with, affected by, or at risk of contracting HIV</p> <p>Link to Services:  <a href="http://www.blackcap.ca/page.php?u=/about/who-we-are">http://www.blackcap.ca/page.php?u=/about/who-we-are</a>  <a href="http://www.blackcap.ca/page.php?u=/programs-services/available-services">http://www.blackcap.ca/page.php?u=/programs-services/available-services</a></p>

ALL	<p>Across Boundaries:  51 Clarkson Avenue Toronto, Ontario M6E 2T5  Canada  Tel: (416) 787- 3007  Email: <a href="mailto:info@acrossboundaries.ca">info@acrossboundaries.ca</a></p>	Racialized communities	<p>Case Management, Psychiatric Consultation, Family Support, Individual support, Community outreach, Support groups alternative and complementary therapies, Community kitchen, Skills building, Social and recreational activities</p> <p>Link to Services: <a href="https://www.acrossboundaries.ca/">https://www.acrossboundaries.ca/</a>  <a href="https://www.acrossboundaries.ca/programs">https://www.acrossboundaries.ca/programs</a></p>
ALL	<p>CAFCAN – Caribbean African Canadian Social Services  CAFCAN Social Services Inc. 995 Arrow Road, North York Ontario, M9M 2Z5</p> <p>Tel: 416 – 740 – 1056  Fax: 416 – 746 – 7035  <a href="mailto:Info@cafcan.org">Info@cafcan.org</a></p>	African Canadian children, youth and families	<p>Mental Health, Employment, Children, Youth and Family Supports.</p> <p>Culturally safe individual and group counselling supports, case management services, employment services, youth mentorship, and youth outreach programs.</p> <p>Link to Services: <a href="https://cafcan.org/">https://cafcan.org/</a>  <a href="https://cafcan.org/our-services/">https://cafcan.org/our-services/</a></p>
ALL	<p>Black Queer Youth</p> <p>333 Sherbourne Street, 2nd Floor Toronto, ON M5A 2S5  416-324-5077 (phone)  <a href="mailto:soy@sherbourne.on.ca">soy@sherbourne.on.ca</a></p>	<p>Free programs for self- identifying <a href="#">queer and trans spectrum</a> (LGBT2SQ) youth, including youth who are questioning their sexual and/or gender identity, for youth who are 29 years old and</p>	<p>Connect to Afro-centric health and wellness supports. Share skills and talents with peers and group mentors. Find support to achieve your short and long term goals.</p> <p>Link to Services: <a href="https://soytoronto.com/programs/">https://soytoronto.com/programs/</a>  <a href="https://soytoronto.com/">https://soytoronto.com/</a></p>

		under and for youth from across the GTA (Greater Toronto Area)	
ALL	<p>Black Youth Helpline</p> <p>Location and Contact Info:  Call 416-285-9944 Toll Free 1-833-294-8650  <a href="mailto:info@blackyouth.ca">info@blackyouth.ca</a>  1111 Finch Ave West, Suite 411, Toronto, ON, M3J 2E5</p>	<p>Black Youth Helpline serves all youth and specifically responds to the need for a Black youth specific service, positioned and resourced to promote access to professional, culturally appropriate support for youth, families and schools</p>	<p>Multicultural Youth Helpline, Cultural relevant family assessments and interventions, Stay in School Initiatives and Parent and Family Supports</p> <p>Link to Services: <a href="https://blackyouth.ca/services/#our-services">https://blackyouth.ca/services/#our-services</a> <a href="https://blackyouth.ca/">https://blackyouth.ca/</a></p>
ALL	<p>Black Legal Action Centre (BLAC)</p> <p>Location and Contact Info:  720 Spadina Avenue  Suite 221  Toronto, Ontario, M5S 2T9 Phone  416-597-5831  1-877-736-9406</p>	<p>Black residents of Ontario</p>	<p>BLAC offers a diverse range of legal services and advice on issues related to education, employment, housing, human rights, government support, and other topics. We also offer comprehensive information about legal issues that we do not directly advise on through Steps to Justice, such as criminal law, family law, and immigration. Steps to Justice is an information resource that gives reliable and practical information on common legal problems including: step-by-step information to help you work through your legal problems, practical tools, such as checklists, fillable forms, and self-help guides, referral information for legal and social services across Ontario</p>

			<p>and live chat and email support if you can't find the answers to your questions</p> <p>Link to Services:  <a href="https://www.blacklegalactioncentre.ca/legal-services-information/">https://www.blacklegalactioncentre.ca/legal-services-information/</a>  <a href="https://www.blacklegalactioncentre.ca/legal-services-information/">https://www.blacklegalactioncentre.ca/legal-services-information/</a></p>
ALL	<p>The Cee Centre for Young Black Professionals  <a href="https://ceetoronto.org/">https://ceetoronto.org/</a>  200 Consumers Rd, Suite #510 North York, ON M2J 4R5</p> <p>416-492-3000  <a href="mailto:info@ceetoronto.com">info@ceetoronto.com</a></p>	Black Youth	<p>The CEE Centre for Young Black Professionals is a charity dedicated to addressing economic and social barriers affecting black youth ages 14 and over. Our activities are focused on youth workforce development, education, and advocacy to influence systems and policy.</p> <p>The CEE Centre for Young Black Professionals is a Toronto based charity that is dedicated to addressing the economic and social barriers that affect Black youth ages 14 and over who are not in employment, education, or training (NEET).</p>
ALL	<p>Black Female Lawyer Network  <a href="https://bfln.ca/">https://bfln.ca/</a></p> <p>333 Bay Street West Toronto Ont. P.O. Box 20010</p>	Students	<p>The Black Female Lawyers Network (BFLN) is a registered not-for-profit organization, established in 2006. BFLN provides a forum for students and practitioners in the field to convene, share and learn from one another.</p> <p>BFLN offers many opportunities for career development, education, mentoring and networking through programs on current legal topics, community engagement and various social events.</p>

ALL	<p>Innovative Supports for Black Parents  <a href="https://www.blackparenting.ca/">https://www.blackparenting.ca/</a>  Contact us by email at  <a href="mailto:info@turnerconsultinggroup.ca">info@turnerconsultinggroup.ca</a></p>	Black Parents	<p>Innovative Supports for Black Parents (ISBP) which funds programs to enhance the availability of effective, culturally relevant, and culturally responsive parenting supports for Black parents and caregivers, with the goal of improving outcomes for Black children, youth, and their families.</p> <p><a href="#">Funded Programs - Innovative Supports for Black Parents (blackparenting.ca)</a></p>
ALL	<p>Jamaican Canadian Association  Phone: 416.746.5772  Email: <a href="mailto:info@jcaontario.org">info@jcaontario.org</a>  Address: 995 Arrow Road, Toronto, Ontario M9M 2Z5  <a href="https://jcaontario.org/">https://jcaontario.org/</a></p>	Jamaican, Caribbean & African-Canadian communities within the Greater Toronto Area	<p>The Jamaican Canadian Association (JCA) is to deliver programs and services, provide a physical hub, and to advocate to improve the well-being and equity of Jamaican, Caribbean &amp; African-Canadian communities within the Greater Toronto Area.</p> <p>Scholarship programs Tutorial Programs Settlement Support Counselling Support</p>
	<p>Black Women in Motion  <a href="https://blackwomeninmotion.org/">https://blackwomeninmotion.org/</a>  <a href="mailto:info@blackwomeninmotion.org">info@blackwomeninmotion.org</a></p>	Black women, gender- non-conforming and non-binary survivors of gender-based violence	<p>Black Women in Motion is a Toronto-based, youth-led organization that empowers and supports the advancement of black women, gender-non-conforming and non-binary survivors of gender-based violence. We work within an anti- racist, intersectional feminist, trauma-informed and survivor- centred framework to create culturally-relevant resources, healing spaces, educational and economic opportunities for survivors.</p> <p>The Black Peer Education Network (BPEN) is a 6-month employment and training program for Black women (trans, cis, femmes) genderqueer and non-binary survivors between the ages of 16-29 living in Neighbourhood Improvement Areas and/or Toronto Community Housing communities.</p>

EAST	<p>Tropicana Community Services</p> <p>Location and Contact Info: 1385 Huntingwood Drive Scarborough ON M1S 3J1 (416) 439-9009  <a href="mailto:info@tropicanacommunity.org">info@tropicanacommunity.org</a></p>	<p>Caribbean, Black and African communities of Toronto.</p>	<p>Education, Scholarships, Employment Support &amp; Services, Life Skills and Self Development, Wellness &amp; Mental Health, Childcare, Social Services, Camps, Recreational, Supporting Black Canada Communities Initiative</p> <p>culturally aware and supportive programs to those in need, including but not limited to counselling, settlement services, childcare, education, personal development, and employment services</p> <p>Link to Services:  <a href="https://tropicanacommunity.org/who-we-are/">https://tropicanacommunity.org/who-we-are/</a>  <a href="https://tropicanacommunity.org/our-programs/">https://tropicanacommunity.org/our-programs/</a></p>
EAST	<p>Taibu Community Health Centre  Taibu Community Health Centre (CHC) is a multidisciplinary, non- profit, community led organization.</p> <p>27 Tapscott Road, Unit #1. Toronto, Ontario M1B 4Y7  Phone:416-644-3536  Email: <a href="mailto:info@taibuchc.ca">info@taibuchc.ca</a></p>	<p>Black Community across the Greater Toronto Area as its priority population</p>	<p>Primary Health Care, Mental Health &amp; Wellness, Children &amp; Adult Community Programs (Mentorship, Literacy, Social Programs, Counselling &amp; After School Program</p> <p>Links to programs and services: Calendar of Events and Community Programs  <a href="http://taibuchc.ca/en/about/events/">http://taibuchc.ca/en/about/events/</a>  <a href="http://taibuchc.ca/en/community/">http://taibuchc.ca/en/community/</a></p>
EAST	<p>Heritage Skills Development Centre  400 McCowan Road (Ground Floor) Scarborough, ON M1J 1J5  Phone: (416) 345-1613  E-mail address: <a href="mailto:info@hsdconline.org">info@hsdconline.org</a></p>	<p>New- immigrants, refugees and minorities in the Greater Toronto Area</p>	<p>Our mission is to promote the health, social, cultural and economic sufficiency of marginalized, at-risk, newcomers' individuals, including: youth, women, seniors and their families. HSDC continues to assist individuals and families in building stronger foundations through integrative and empowerment programs and services.</p>

			<p>Youth Training Programs, Mentorship, and Referral &amp; Information Services, Supportive Counselling, Arts &amp; Culture, Community Access &amp; Addiction Services</p> <p>Link to Agency Information:  <a href="http://hsdconline.org/about-us/">http://hsdconline.org/about-us/</a>  <a href="http://hsdconline.org/program-for-children-and-youth/">http://hsdconline.org/program-for-children-and-youth/</a> <a href="http://hsdconline.org/business-entrepreneurship-training-program-2019/">http://hsdconline.org/business-entrepreneurship-training-program-2019/</a>  <a href="http://hsdconline.org/sewing-fashion-design-training-program-2019/">http://hsdconline.org/sewing-fashion-design-training-program-2019/</a>  <a href="http://hsdconline.org/community-access-program/">http://hsdconline.org/community-access-program/</a></p>
EAST	<p>Woodgreen Rites of Passage  Location and Contact Info: 815 Danforth Ave  Toronto, Ontario Paul Osbourne  Manager, Youth Services unit T (416) - 625-3110  T (416) - 405-5131</p>	African Canadian Youth	<p>Woodgreen Service offers Rites of Passage, a process for youth (12-26) to explore, mature and grow into their full identify as young African-Canadians</p> <p>Link to Services:  <a href="https://www.woodgreen.org/services/programs/rites-of-passage/">https://www.woodgreen.org/services/programs/rites-of-passage/</a></p>
CENTRAL	<p>Black Creek Community Health Centre</p> <p>Location and Contact Info:  Sheridan Mall Site -2202 Jane St, Unit 5 Toronto Ontario  Yorkgate Mall Site – 1 York Gate Blvd. Suite 202 Toronto Ontario  416-249-8000 or 416-246-2388</p>	Vulnerable populations living in Toronto's North West communities.	<p>Clinical Services, Health and Wellness Programs, Primary Health Children, Youth and Family Wellness.</p> <p>Link to Services:  <a href="https://www.bcchc.com/services/">https://www.bcchc.com/services/</a>  <a href="https://www.bcchc.com/group-programs-registration/">https://www.bcchc.com/group-programs-registration/</a> <a href="https://www.bcchc.com/health-and-wellness-programs/">https://www.bcchc.com/health-and-wellness-programs/</a> <a href="https://www.bcchc.com/children-youth-family-wellness/">https://www.bcchc.com/children-youth-family-wellness/</a></p>
CENTRAL	<p>Parkdale Queen West Community Health Centre  Parkdale Site  1229 Queen Street West Toronto, Ontario  M6K 1L2  Telephone: 416-537-2455</p>	Racialized Communities Priority is given to individuals and groups who	<p>Health Care, Community Services and Programs, Harm Reduction, Counselling &amp; Case Management, Dental Services, Niiwin Wendaanimak (Four Minds)</p> <p>CHEERS Mentoring Program</p>



	<p>Queen West Site 168 Bathurst Street Toronto, Ontario M5V 2R4 Telephone: 416-703-8480 Telephone: 416-537-8222</p>	<p>encounter barriers to high quality health care services, including marginalized or vulnerable populations such as newcomers, Indigenous and racialized communities, people who are homeless or street- involved, people living with mental health issues, people who use drugs, people living with disabilities, isolated seniors, LGBTQ communities and people living in poverty.</p>	<p>Mentorship program for youth 21 – 35 years of age of African descent from the child welfare system.</p> <p>Link to Services:  <a href="https://pqwchc.org/programs-services/community-services-and- programs/">https://pqwchc.org/programs-services/community-services-and- programs/</a>  <a href="https://pqwchc.org/calendar/">https://pqwchc.org/calendar/</a>  <a href="https://pqwchc.org/about-us/overview/">https://pqwchc.org/about-us/overview/</a></p>
CENTRAL	<p>African in Partnership Against Aids  526 Richmond St. East. 2nd Floor Toronto, ON M5A 1R3 416-924-5256</p>	<p>African Canadian Community</p>	<p>Africans in Partnership Against AIDS is a volunteer-driven, charitable AIDS Service Organization serving African communities in Toronto. APAA provides unique HIV/AIDS Education and support in a linguistically and culturally appropriate manner to African peoples</p>

CENTRAL	<p>The Remix Project</p> <p><a href="#">The Remix Project</a> 130 Queens Quay E Unit #517 <a href="mailto:info@theremixproject.ca">info@theremixproject.ca</a></p>	Youth from priority neighborhoods	<p>The Remix Project was created in order to help level the playing field for young people from marginalized and underserved communities.</p> <p>Our programs and services serve youth who are trying to enter into the creative industries or further their formal education. The Remix Project provides top-notch alternative, creative, educational programs, facilitators and facilities. Our mission is to help refine the raw talents of young people in order to help them find success as participants define it and on their own terms.</p>
CENTRAL	<p><a href="#">Nia Centre for the Arts</a> 524 Oakwood Ave Toronto, Ontario 416-535-2727</p>	Promotes an appreciation of arts from across the Afro- Diaspora	<p><a href="#">Youth Mentorship &amp; Engagement –</a></p> <p>We create spaces for Black Art by supporting professional and emerging artists to learn, grow and show their art.</p>
CENTRAL	<p>Black Business and Professional Organization <a href="https://bbpa.org/">https://bbpa.org/</a></p> <p>180 Elm Street Toronto, Ontario M5T 3M4 E: <a href="mailto:info@bbpa.org">info@bbpa.org</a> 416.504.4097</p>	Black Community	<p>BBPA is a non-profit, charitable organization that addresses equity and opportunity for the Black community in business, employment, education and economic development.</p> <p>To advance Canada's Black Communities by delivering programs that support business and professional excellence, higher education and economic development.</p> <p><a href="#">Courses - BBPA Programs</a></p>
WEST	<p><a href="#">African Community Services of Peel</a> 10 Gillingham Drive Suite 308, Brampton, ON L6X 5A5 Email: <a href="mailto:info@africancommunityservices.com">info@africancommunityservices.com</a> Phone number – 905- 460 -9514</p>	Black/African Community	<p>Provides settlement and integration services and programs for newcomers to Peel and the surrounding areas. <a href="#">Youth programs and services</a> promote positive growth, development and decision making</p>

	Alternative numbers – 647- 570 -9514/ 647- 451 - 9514/ 647-572 -9514		
WEST	Davenport Perth Neighbourhood & Community Health Centre 1900 Davenport Rd. Toronto, Ontario, M6N 1B7 Phone: 416-656-8025 FAX: 416-656-1264 Email: <a href="mailto:info@dpnchc.ca">info@dpnchc.ca</a>	Immigrants, visible minorities and people without full status in Canada	Davenport-Perth Neighbourhood and Community Health Centre provides integrated, accessible health and community services for individuals and families in our community who experience social and economic barriers, to ignite change, improves lives, and strengthen community.
WEST	AFRI-CAN Food Basket Location and Contact Info: Email: <a href="mailto:info@africanfoodbasket.ca">info@africanfoodbasket.ca</a> Address: 4929 Jane St, North York, ON M3N 2K8 Open Daily: 9:30AM - 5:00PM Phone: 647-896-0641	African Canadian Community	Afri-Can Food Basket's integrated programs leverage one another as a means to create a holistic solution to address youth unemployment, youth leadership, and cross generational / cross cultural collaboration  Link to Services: <a href="https://africanfoodbasket.ca/">https://africanfoodbasket.ca/</a> <a href="https://africanfoodbasket.ca/about-us/">https://africanfoodbasket.ca/about-us/</a> <a href="https://africanfoodbasket.ca/our-work/">https://africanfoodbasket.ca/our-work/</a>
WEST	<a href="#">Midaynta Community Services</a> Midaynta Community Services Head Office: 2150 Islington Ave. Suite 207, Etobicoke, ON M9P 3V4 T: 416 544.1992 F: 416-440-3379 <a href="mailto:info@midaynta.com">info@midaynta.com</a>  Midaynta Community Services Satellite Office: 1652 Keele St, Toronto, ON M6M 3W3 T:416-653-6464 F:416-440-3379  Midaynta Community Services Satellite Office: 1514 Jane St hub. North York, ON M9N, 2R3 T:416-645- 7575 x5 F: 416-440-3379	Refugees, immigrants and youths	Midaynta Community Services is a registered Canadian charitable organization that provides settlement services and other programs that advances education by providing courses, seminars, meetings, counseling and other support services for refugees, immigrants and youths in need. We are a social and settlement services agency, working to improve the quality of life of newcomers in Toronto and vicinity.

WEST	<p>Eritrean Canadian Community Centre of Toronto  <a href="http://eccctoronto.ca">Eritrean Canadian Community Centre of Toronto (eccctoronto.ca)</a></p> <p>Address: 729 St. Clair Ave. West, unit 19, Toronto, ON, M6C 1B2  Tel. 416 658 8580  <a href="mailto:Info@eccctoronto.ca">Info@eccctoronto.ca</a></p>	Eritrean Canadian Community	<p>The Eritrean Canadian Community Center of Metropolitan Toronto (ECCC) is a community-based, non-profit, charitable organization that empowers and enables newcomers, immigrants, and refugees of Eritrean descent, and the wider community in the Greater Toronto area through programs and education to facilitate their successful integration into Canadian society</p>
EAST	<p>The Fatherhood Initiative</p> <p>305-4544 Sheppard Ave E,  Scarborough Ont. M1S 1V2</p> <p>647-510-HELP (4357)  <a href="mailto:info@torontofathers.ca">info@torontofathers.ca</a></p>	fathers who often feel marginalized and unsupported	<p>The ANKOBEA Fatherhood Initiative facilitates transformative change by engaging men through child-centred parenting and self-empowerment strategies.</p> <p>The ANKOBEA Fatherhood Initiative is dedicated to supporting children, families and communities, by providing interactive parenting programs, resources, mentoring services and advocacy supports to fathers who often feel marginalized and unsupported. Our approach to supporting families is to educate, empower and inspire men from various walks of life to develop a lens of personal awareness, empathy, respect and care as engaged and involved fathers.</p> <p><a href="http://torontofathers.ca">The Fatherhood Initiative – Supporting And Encouraging Involved Fatherhood (torontofathers.ca)</a></p> <p><a href="http://torontofathers.ca">Programs – The Fatherhood Initiative (torontofathers.ca)</a></p>
WEST	<p>Delta Family and Resource Centre</p> <p>DELTA FAMILY RESOURCE CENTRE  <a href="mailto:contactus@dfrc.ca">contactus@dfrc.ca</a>  Mon – Thursday: 9 am – 6 pm Friday: 9am – 3pm</p>	parents, children, youth, seniors, and Black communities	<p>Delta Family Resource Centre (Delta Family) is a non-profit and community-based agency which, since 1981, has consistently delivered a range of targeted services to isolated and marginalized communities in Northwest Toronto. Delta Family provides support to</p>

	<p>Address: Address: 2291 Kipling Ave Unit #123, Etobicoke Ontario M9W 4L6 Phone: Phone: (416) 747-1172 / Fax: (416)747-7415 Email: <a href="mailto:contactus@dfrc.ca">contactus@dfrc.ca</a></p>		<p>parents, children, youth, seniors, and Black communities.</p> <p><a href="http://dfrc.ca">Services – Delta Family Resources Center (dfrc.ca)</a></p> <p>SNAP STOP NOW AND PLAN FREE culturally appropriate &amp; evidence-based counseling services provided to children ages 6-11 and their families particularly those of African-descent</p> <p>Food Pantry Through creative partnerships and the generous support of our donors, our Food Pantry features fresh produce, milk, eggs, and whole grains. Every month, highlight a seasonal vegetable – our Food of the Month – and give tips and examples on how to use and prepare it through food demonstrations and recipes.</p>
WEST	<p><a href="#">Roots Community Services (Peel)</a></p> <p>Mississauga Office <a href="#">2227 South Millway</a> Suite 202 Mississauga, Ontario L5L 3R6 Phone 1-905-455-6789(General) 1-416-433-1378(Executive Director) Fax 1- 905- 455- 6162 Email <a href="mailto:office@rootscs.org">office@rootscs.org</a>(General) <a href="mailto:executivedirector@rootscs.org">executivedirector@rootscs.org</a>(Angela Carter)</p>	Primarily from the Black Community	<p>With a focus on Black, African and Caribbean Canadians, programs are offered from a culturally-appropriate perspective and within an anti-oppression, anti-racism framework. Programs is geared to children aged 6 years to seniors well into their 90s. Learn more about services available for <a href="#">children</a>, <a href="#">youth</a> and <a href="#">families</a> including after-school clubs, summer camp, youth mentoring, Enhanced Youth Outreach Worker program, Black Youth School Success initiative and mental wellness programming.</p>

ALL	<p><a href="http://mfcco.ca">Muslim Family and Child Services of Ontario (mfcco.ca)</a></p> <p>305 Rusholmne Rd Toronto, Ontario (416) 910-1253 Intake (416) 588-9498</p>	Muslim Community	<p>Providing clinical navigation of integrated multidisciplinary services allowing families to access services needed. Religiously/Spiritually appropriate and culturally sensitive assessments, treatment, and support network. Muslim community supports, prevention, and in crisis, helping to strengthen families. Crisis, court cases, Children's Aid cases, family and child issues.</p>
ALL	<p><a href="http://cathcrosscultural.org">Catholic Crosscultural Services (CCS) - Catholic Crosscultural Services (cathcrosscultural.org)</a></p> <p>We have eight locations across Scarborough, Mississauga and Brampton, and collaborate with numerous partners and settlement and social services sector organizations throughout the Greater Toronto Area.</p> <p>55 Town Centre Court, Suite 401, Scarborough M1P 4X4 Call Us: 416.757.7010</p>	CCS provides services that assist in the settlement and integration of immigrants and refugees.	<p>Catholic Cross-cultural Services (CCS) is a national non-profit organization based in the Greater Toronto Area. CCS aims to empower immigrants and refugees of all religions, ethnicities, countries of origin, immigration status, sexual orientation, or political affiliation to develop the skills and acquire the necessary knowledge to settle, integrate and succeed in Canada.</p>
ALL	<p><a href="http://muslimwelfarecentre.com">History - Muslim Welfare Canada (muslimwelfarecentre.com)</a></p> <p>Head Office 100 McLevin Avenue, Unit 4 Scarborough, ON M1B 5K1 Toll Free Tel: +1-866-754-3111 Tel: (416) 754-8116 Fax: (416) 754-4468 Email: <a href="mailto:muslim@mwcanada.org">muslim@mwcanada.org</a></p> <p>Muslim Welfare Home 425 Dundas Street East Whitby, ON L1N 2J2 Toll Free Tel: +1-866-666-1115 Tel: (905) 665-0424 Fax: (905) 665-1446</p>	All Communities We are committed to serving those in need, irrespective of religion, nationality, caste or creed.	<p>In Canada, we are involved in the fight against poverty and homelessness and are focused on providing food, health care services, and culturally-sensitive shelter for women, their children and families in distress, and healthy nutrition to our school children and seniors.</p> <p>Contact: Dastagir Bhura <a href="mailto:dbhura@mwcanada.org">dbhura@mwcanada.org</a></p> <p>Al Abbas Mussallah 3490 Mavis Road Mississauga, ON L5C 1T8 Tel: (905) 281-9730 Fax: (905) 281-9596 Contact: Imam Azeez Qadri <a href="mailto:imam@mwcanada.org">imam@mwcanada.org</a></p>

	<p>Food Bank  100 McLevin Avenue, Unit 7 Scarborough, ON  M1B 5K1 Tel: 416-335-9994  Mississauga Office &amp; Food Bank 3490 Mavis  Road  Mississauga, ON L5C 1T8 Tel: (905) 281-9730</p>		
CENTRAL	<p><a href="#">Rainbow Health Ontario</a></p> <p>Location and contact info:</p> <p>Rainbow Health Ontario  Sherbourne Health 333 Sherbourne Street  Toronto, Ontario M5A 2S5</p> <p><a href="mailto:info@rainbowhealthontario.ca">info@rainbowhealthontario.ca</a> Tel: 416-324-4100</p>	<p>Homeless, under-housed and newcomers with a focus on the LGBT2SQ Community</p>	<p>A program of <a href="#">Sherbourne Health</a>, Rainbow Health Ontario creates opportunities for the healthcare system to better serve LGBT2SQ communities.</p> <p>Sherbourne is an urban health agency in downtown Toronto that provides holistic primary care and chronic disease management, mental health services, health promotion and education, and outreach and social supports.</p> <p>Sherbourne's doors are open to everyone, with a focus on the LGBT2SQ community, the homeless and under-housed people, and newcomers to Canada whose complex needs are often not met by traditional health care. Sherbourne combines high quality clinical care with responsive, culturally-appropriate community development programs that provide access to people in the surrounding communities who need it most.</p>
WEST	<p><a href="#">Malton Neighborhood Services</a>  3540 Morning Star Drive. Mississauga. ON. L4T  1Y2 905-677-6270  <a href="mailto:info@mnsinfo.org">info@mnsinfo.org</a></p>	<p>Multicultural</p>	<p>MNS supports the creation of connected, safe, and strong communities by offering and engaging in activities that recognize and respect the diversity of the neighbourhoods it serves. Services are available in many languages including Somali, Twi, Hindi, Punjabi, Urdu, Tamil, Arabic, Tagalog, Spanish, and Italian.</p> <p>A range of <a href="#">youth services and programs</a> are available. The <a href="#">Black Family Support Program</a> services families living in Brampton and Mississauga and offers counselling, advocacy, information/referrals, drop-in and support for parents.</p>

WEST	<p>Brampton Multicultural Community Centre</p> <p>Mississauga 4120 Ridgeway Drive, Unit 43 Mississauga, ON, L5L 5S9 Tel: (905) 828-1328 Fax: (905) 828-4008</p>	All Communities	<p>BMC's programs, services and commitment strive to facilitate newcomers' integration into society and to enhance their capacity to participate more effectively in our community.</p> <p>Providing high levels of client satisfaction in delivering culturally responsive and client-centered programs that are accessible, efficient, and effective.</p> <p>Increasing social sustainability by bringing key stakeholders together to identify the trends, gaps in services and meeting the current and emerging needs of the society.</p> <p>Balancing financial sustainability by aligning it with organizational mission and vision, by diversifying its funding base, and by building a stronger financial foundation for its services.</p>
WEST	<p><a href="#">African Community Services of Peel</a></p> <p>African Community Services of Peel 10 Gillingham Drive, Suite 308 Brampton, ON. L6X 5A5 Email: <a href="mailto:info@africancommunityservices.com">info@africancommunityservices.com</a> Telephone number: Main Office - 905-460-9514</p>	Newcomers	<p>Provides settlement and integration services and programs for newcomers to Peel and the surrounding areas. <a href="#">Youth programs and services</a> promote positive growth, development and decision making.</p> <p>The ACS newcomer settlement program helps to facilitate the early and healthy integration of newcomers into Canadian society, by enhancing access to and support services that aid in the transition to self-reliance and financial independence.</p> <p>Provide Comprehensive and culturally appropriate settlement services that include client needs assessment, orientation, information and referral, interpretation and translation, housing assistance, and employment support.</p>



			Identity needs specific to each newcomer in order to determine how best those needs could be met with existing community resources.
WEST	<p>Culture Link</p> <p>Various sites <a href="https://www.culturelink.ca/">https://www.culturelink.ca/</a></p> <p>MAIN OFFICE 2340 Dundas Street West, Suite 301 (inside the Crossways Mall, see map below) Toronto ON M6P 4A9 T: 416-588-6288 F: 416-588-2435 E: <a href="mailto:reception@culturelink.ca">reception@culturelink.ca</a></p>	Diverse Communities	<p>Culture Link is a settlement and community organization with more than 30 years' experience in developing and delivering <a href="#">services</a> to meet the needs of diverse communities. Passionate about providing innovative services, we adapt to changes and create new programs that best respond to and address our clients' specific needs.</p> <p>programs to meet the specific needs of new immigrants, including our Newcomer Settlement Program serving refugees and immigrants, Newcomer Youth and Seniors' Services for our young and older adults, as well as Green Settlement projects promoting and fostering healthy and sustainable lifestyles for all new Canadians.</p> <p>Speaking more than 30 languages, is dedicated, knowledgeable, and multicultural</p>
WEST	<p>Muslim Food Bank and Community Services</p> <p>TORONTO Suite 200, 55 Village Centre Pl, Mississauga, ON L4Z 1V9 1-866-248-3868 ext.</p>	Muslim Community	<p>We are a community based charitable organization established in 2010 that provides food assistance and advocates self-reliance by providing case management, emotional support, youth development and capacity building. Our core values are Respect, Collaboration, Confidentiality, Integrity and Humility and we aim to be a sustainable organization that promotes education, empathy and dignity through holistic interventions</p> <p>Our clients are primarily refugees and new immigrant families to Canada, who require assistance to overcome often significant barriers to integrating successfully. Last year, our Food Bank Operations provided food hampers that are catered to specific dietary needs (vegan and religious</p>

			dietary restrictions) to approximately 450 clients mostly families
WEST	<p>COSTI</p> <p>COSTI's <a href="#">Head Office</a> is located at 1710 Dufferin Street, north of St. Clair Avenue West, in Toronto.</p> <p>Contact us by Mail 1710 Dufferin Street Toronto, Ontario Canada M6E 3P2</p> <p>Main Phone Number: 416.658.1600</p>	Refugees	<p>Services for refugees: temporary accommodation and initial settlement services to government assisted refugees; childcare and housing services. Services for children: Art Therapy Program offers traumatized refugee children the opportunity to express themselves through art.</p> <p>COSTI makes every effort to ensure that individuals from every corner of the world are provided with equal access to our services. Operating from 17 locations in Toronto, York Region and Peel, COSTI provides services to over 39,000 clients in more than 60 languages.</p> <p>Email: <a href="mailto:info@costi.org">info@costi.org</a></p>
WEST	<p>Somali-Canadian Association of Etobicoke</p> <p>Visit us 925 Albion Rd, Etobicoke, ON M9V 1A6</p> <p>Mail us <a href="mailto:info@somalicanadian.com">info@somalicanadian.com</a> <a href="mailto:scae@somalicanadian.com">scae@somalicanadian.com</a></p> <p>Call us +1(416) 742-4601</p>	Youth, Seniors, Newcomers	<p>The association offers important information and referrals to the Somali community in North Etobicoke including, but not limited to social services, legal assistance, education, and healthcare.</p> <p>CONSULTATION TRANSLATION SERVICES SETTLEMENT YOUTH PROGRAMS NEWCOMER SUPPORT SENIOR PROGRAMS</p>

WEST	Somali Immigrant Aid Organization  <a href="https://siao.ca/">https://siao.ca/</a>  1778 Weston Rd, Suite 105 Toronto, Ontario 416-243-1988	Somali Canadians and other immigrants	Somali Immigrant Aid Organization is dedicated to providing quality and inclusive settlement support services to newcomers. Somali Immigrant Aid Organization (S.I.A.O) is a non-profit community-based organization that is committed in addressing the immigration, integration, education, health, housing, social service, culture, and economic development needs of Somali Canadians and other immigrants in Canada through programs, service and advocacy.  Our services are offered in English, French, Somali, Arabic and Swahili.
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[Afri-Can FoodBasket – Healthy Food – Healthy Communities \(africanfoodbasket.ca\)](http://africanfoodbasket.ca)

Afri-Can Food Basket’s mission is to provide leadership in urban agriculture, and foster collaboration to advance food justice, health and social enterprise in the African Canadian Community

[Black Creek Community Farm \(blackcreekfarm.ca\)](http://blackcreekfarm.ca)

An urban agricultural centre that engages, educates, and empowers diverse communities, through sustainable food.

[FOOD BANK // 2:00pm- 4:00pm | Women's Health In Women's Hands \(whiwh.com\)](http://whiwh.com)

WHIWH clients can access the Food Bank every Tuesday of the month.

Make sure to sign in at our front screening stations

[Services – Delta Family Resources Center \(dfrc.ca\)](http://dfrc.ca)

Food Pantry

Through creative partnerships and the generous support of our donors, our Food Pantry features fresh produce, milk, eggs, and whole grains.

Every month, highlight a seasonal vegetable – our Food of the Month – and give tips and examples on how to use and prepare it through food demonstrations and recipes.



Toronto Food  
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